



CRESCENT OAKS

Memory Care

147 Crescent Avenue • Sunnyvale, CA 94087 • (408) 730-4004



CRESCENT OAKS LEADERSHIP TEAM:

Executive Director Nancy Rubio
Resident Development Director Mike Duran
Activities Director &
Newsletter/Calendar Author ... Geraldine Sabado
Dining Services Director Alva Lopez

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Social Media: Facebook/Instagram/LinkedIn
License # 435202705

OFFICE HOURS:

Monday - Friday
9:30 - 5:30 PM

VISITING HOURS:

Monday - Sunday
10:00 - 4:00 PM



June 2022

Hello Summer

Here comes the Sun! Welcome to the days of porch sitting, ice cream, refreshing drinks, picnics, cookouts, and more outdoor fun! We hope everyone takes advantage of the season with more outdoor activities. This month, we have plans for fun games and a dad's version of a glamour photo shoot. Our moms in the community really enjoyed their glamour photo shoots on Mother's Day with their nonalcoholic champagne and cheese social. The ladies looked fabulous and said that they felt like a celebrity while the staff helped them put on light make up and accessories. Make sure to check the activity calendar for this month's fun events!

Cheers for Dads!

Dad, grandpa, father in-law, father figure, or any man in the family that has kids, let us not forget to honor and cheer for them on Father's Day this June 19th. Let's recognize them for all they have done to make our lives wonderful. Happy Father's Day to all dads!





Community News

Reminder for Visitation Regulations:

As of this date May 2022, our community is still following the listed protocols for visits. We are kindly asking for your cooperation to keep your loved one and everyone safe in the community.

- **Call for your visit schedule** at least 24 hours prior and visits **must be done in resident's apartment, patio, or sunroom.** (This is to avoid being in a shared room or patio with other residents around.)
- **Show proof of Covid-19 vaccine or a negative Covid-19 test** at least 24 hours prior to your visit.
- **Sign into the visiting log and have your temperature checked** located inside the front door.
- **Face masks must be worn** during your visits.
- No visitors are allowed in the common areas.

We appreciate your cooperation and understanding. Feel free to give us a call if you have any questions and concerns @ (408) 730-4004.



Happy Birthday to You!

We're sending warm wishes to all residents and staff celebrating a birthday this month. We wish you a wonderful and happy birthday!

06/1..... Michael C.

06/6..... Sylvia H.

06/18.... Girlie S.

Welcome to Crescent Oaks!

A warm welcome to our new family member!

We are looking forward to getting to know you more as you become more comfortable with your community and new friends. Welcome home Rochel!

Entertainment Resumes

We are excited to announce that live entertainment and volunteers are back in our community. For everyone's safety, entertainers will perform in the sunroom while residents are inside in the dining room watching and enjoying the show through our glass sliding door.

Below is the list of our great performers scheduled for the month of June:

06/1 @ 10:00 AM --- On piano with Lee Allen

06/17 @ 10:30 AM --- Nostalgic music with Jerry

06/28 @ 10:30 AM --- Oldies but Goodies with Precious

June Highlight Events

06/3... **Donut Day:** Fun games, trivia, and a Donut social.

06/15... **Nature Photography Day:** Staff and residents are teaming up for "Nature Photo Painting Contest."

06/17... **Celebrating Father's Day:** Nostalgia music with Jerry at 10:30 AM followed by a delicious Father's Day luncheon and men's glamour photo shoot in the afternoon.

06/28... **June birthdays celebration:** Happy hour & music with Precious at 2:30 PM

****Please refer to our monthly calendar for more special events and activities****

Thanks a Bunch!



We would like to send a huge "Thank You" to Sylvia's niece for the beautiful bunch of flowers that she donated to our Moms for Mother's Day.

Congratulations to Best Egg-hunters, Bobbie and Monica!



Gerí's Recipe:

Strawberry Mango Smoothie



Ingredients:

Fresh or frozen strawberries, ripe mango, 1/4 cup of plain or vanilla yogurt (optional), 1/4 cup of water, 2 teaspoons of sugar or honey, ice cubes

Directions: Place all ingredients (except the ice) in a blender. Process until fruits are smooth. Add ice cubes as needed and process again until desired consistency reached. Top with fresh mint leaves or strawberry for garnish. Enjoy your refreshing summer snack!

June Trivia

Stars and Stripes



The first flag act was passed June 14, 1777 to dictate that the United States be made of

13 white stars on a blue background. Legend maintains that Betsy Ross, a seamstress from Philadelphia made the first U.S. Flag, but it was likely Congressman Francis Hopkinson who designed it. The Flag's special meanings are white represents purity and innocence, Red is hardiness and valor, and blue stands for vigilance, perseverance and justice.

Oodles of Noodle Fun!



Pool noodles are not just for the pool. They are also used in one

of the hit activities that residents love here at our community! This is a fun, physical, mental, and social activity where residents use their pool noodles to work together to keep a balloon in the air.

Dad Humor

What kind of car does an egg drive? - A yolkswagen

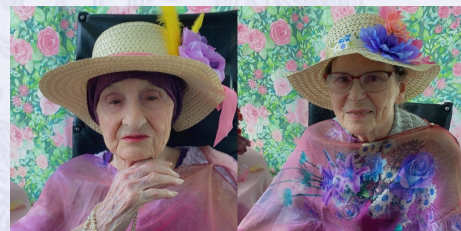
What do you call a fish wearing a tie? - "Sofishticated"

Dad, can you put my shoes on? - "No, I don't think they'll fit me."

History of Father's Day

In the United States, the third Sunday of June is celebrated to honor Fathers. Sonora Smart Dodd of Spokane, WA got the idea of honoring fathers while listening to a sermon in church in May 1910. One of six children, Sonora's father raised her and her siblings alone after her mother's death in 1891. She felt that her father deserved a recognition, so she decided that the 3rd Sunday of June is the best day to recognize and honor all the fathers in the world. While the carnation is the symbolic flower for Mother's Day, she suggested that the rose be a symbolic flower for Father's Day.

Crescent Oaks Photo Gallery:



Moms enjoyed their glamour photo shoots on Mother's Day!



Who says egg-hunting is just for kids?



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