



# CRESCENT OAKS

## Memory Care

147 Crescent Avenue • Sunnyvale, CA 94087 • (408) 730-4004



### CRESCENT OAKS LEADERSHIP TEAM:

Executive Director ..... Nancy Rubio  
Residents Care Coordinator ..... Rafael Nunag  
Activities Director &  
Newsletter/Calendar Author ... Geraldine Sabado  
Dining Services Director ..... Alva Lopez

### Contact Info:

Main Office: ..... (408) 730-4004  
Direct: ..... (408) 542-9400  
Fax Number: ..... (408) 743-5677  
E-mail: ..... info@crescentoaksmc.com  
Social Media: ..... Facebook/Instagram/LinkedIn  
License # ..... 435202705



### OFFICE HOURS:

Monday - Friday  
9:30 AM - 5:30 PM  
\*\*\*\*\*

### VISITING HOURS:

Monday - Sunday  
10:00 AM - 4:00 PM

## September 2022

### September Greetings

Hello everyone, welcome to September! Fall will be here soon, bringing cooler temperatures and the rich colors of falling leaves. Check out this month's calendar and be on the lookout for details about some favorite fall activities that we have planned. In light of the recent surge in the number of COVID-19 cases in the past weeks, we are taking proactive steps to make sure that your loved ones and everyone else in our community are protected and safe during these tough times. All of us should work together and seriously follow the basic health practices for the safety of everyone. Please read our visitation guidelines in our community news section in order to keep everyone safe. As always, please feel free to call our community if you have any questions regarding your loved one or any other concerns. Have a great September!

Sincerely,  
Geraldine



Shout out to all the staff of Crescent Oaks Memory Care! We are deeply grateful for their dedication and hard work. Working together as a team is our key to providing the best care that we can offer for our residents. We would also like to thank all the families for your patience and understanding during our challenging times. We appreciate each and everyone. Thank you all!

## Crescent Oaks' Photo Gallery



Wash day for residents' mobility devices/chairs



Girls just wanna have sun!



Happy and enjoying the fresh air!

## September Events:

- \*World Alzheimer's Month
  - \*National Assisted Living Week (Sept 11-18)
  - \*Happy Cat Month
  - 09/05 - Labor Day (celebrating on Sept. 2nd)
  - 09/06 - Photo booth Day (Photo shoot social)
  - 09/11 - Grandparents Day (celebrating on Sept. 9)
  - 09/11 - Patriot Day
  - 09/11 - National Assisted Living Week Begins
  - 09/17 - Oktoberfest begins (Sept. 17-Oct. 3)
  - 09/21 - World Alzheimer's Day
  - 09/22 - Centenarians Day
  - 09/28 - Teacher's Day
- \*\*\* Please refer to our September calendar for more special days, events and fun activities\*\*\***

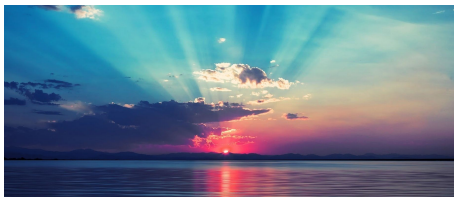
**"When We Work for a Bigger Purpose, We Find an Endless Supply of Happiness at Work".**

*-By Jon Gordon*

**HAPPY LABOR DAY!**

## IN SYMPATHY:

Crescent Oaks Memory Care staff and management would like to express our sincere condolences to the families and friends of our beloved **Sandra** and **Patricia**. May their beautiful souls Rest in Paradise.



## Activities and Visitation Guidelines:

**\*Visitation:** Families and friends are still advised to schedule your visits, limit to one hour and max of 4 people. Visitors are only allowed in the sunroom or back patio until further notice. Upon entering the facility, you will be required to sign in by checking your temperature and showing proof of COVID-19 vaccines and/or proof of a negative COVID test and answer the short questionnaire. Fully vaccinated visitors may have close physical contact with the resident while wearing face masks and sanitized hands.

**\*Mask Wearing:** All staff are continuously wearing face masks during work hours and practicing proper hand washing. Visitors and other healthcare providers **MUST** also wear face masks during visits.

**\*In House Activities and Entertainment:** We are continuously sanitizing our activity room and activity equipment. We are currently paused with our live entertainment and large group activities until further notice. Small group activities are resumed along with in-room visits and one-on-one activities.

## Apple Pie Sundae



September is National Ice Cream Sandwich Month and also celebrates National Apple Pie Day! Let's try this yummy snack that you'll surely enjoy.

**Ingredients:** Graham crackers (crushed), vanilla ice cream, 1/4 cup apple pie filling, whipped cream, caramel sauce, chopped pecan (optional)

**Directions:** In a chilled serving bowl, add scoops of vanilla ice cream, apple pie filling, crushed graham crackers and dollop of whipped cream. Top with finely crushed graham crackers, and pecan (as optional) and caramel sauce. Enjoy!

## "Know Dementia, Know Alzheimer's"

World Alzheimer's Day takes place during World Alzheimer's Month and is on September 21st. People unite from all corners of the world to raise awareness. Crescent Oaks Memory Care is a big supporter of finding a cure. Search for the Walk to End Alzheimer's and find out how you can be a part of this awareness. This year's theme is "Know Dementia, Know Alzheimer's" focusing on post-diagnosis support.



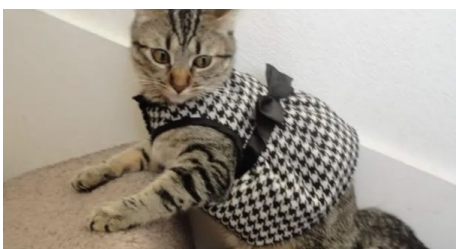
## A Magical Milestone



Observed every 22nd of September, National Centenarians Day honors and celebrates the lives of people who have reached the magical 100-year mark and more. Alicia is our beloved 103-year-old resident. She will be celebrating her 104th birthday this coming November 22nd. We are honored to serve and be a part of her everyday life.

## Micca

September is Happy Cat Month which celebrates the joys of cat ownership. Meet Micca, a purry friend owned by one of our staff, Monica. She is now a 12-year-old rescue cat who was found by the park ranger in the bush. She likes to eat and sleep all the time. Did you know, if a cat blinks slowly at you, you've received a "kitty kiss," which is the ultimate sign of happiness and affection.



## Farewell to Summer

Observed on the first Monday in September, Labor Day recognizes the achievements of American workers. Many people consider Labor Day the end of the summer season and organize cookouts and other outdoor events before we say goodbye to the warm weather.

## Time To Update Wardrobes

With cooler weather right around the corner, now is a good time to update your loved one's wardrobe and make sure that they have enough nice and warm clothing. Please call us regarding this matter, (650)313-7182. Thank you!

## "Joyful Moments"

National Assisted Living Week is celebrated Sept. 11th to 17th. It is designed to raise awareness of the role assisted living plays in serving seniors. When someone is unable to independently care for themselves, an assisted living organization can step in to make that person's life more secure and comfortable. We salute our kind, caring and hardworking workers who take care of our residents as well as with the other community. This year's theme for NALW is "Joyful Moments" - A reminder that happiness can be found every day in both big and small ways.





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