



CRESCENT OAKS

Memory Care

147 Crescent Avenue • Sunnyvale, CA 94087 • (408) 730-4004



CRESCENT OAKS LEADERSHIP TEAM:

Executive Director Ollie Vance
Resident Care Coordinator Jennifer Deleon
Resident Development Director Angie Aguirre
Activity Director &
Newsletter/Calendar Author ... Geraldine Sabado
Dining Services Director Alva Lopez
Environmental Director Mario Vasquez

Contact Info:

Main Office: (408) 730-4004
Direct: (408) 542-9400
Fax Number: (408) 743-5677
E-mail: info@crescentoaksmc.com
Social Media: Facebook/Instagram/LinkedIn
License # 435202705



OFFICE HOURS:

MON-FRI 9:30AM-5:30PM

After Hours Assistance:

Please call: (650)313-7182

VISITING HOURS:

MON-SUN 9:00-6:00PM

October 2023

Spook-tacular October!

October greetings! We all know that this month is best known for its Halloween festivities and spooky decorations. In addition to the month's celebrations, October is also loaded with official (and unofficial) observances and awareness. The Silicon Valley's Walk this year is fast approaching and we are excited to join the Walk to End Alzheimer's this October 14th, 2023 and be a part of the world's largest event bringing awareness to Alzheimer's and dementia. Please go to their website to learn more of this event (Alz.org/walk). We also look forward to all the fun and exciting activities this month will bring; the spooky and festive decorations, fun seasonal crafts, a costume parade, kids knocking at our door for trick or treating, live music entertainment, fun games, and more. We look forward to our annual staff and residents' Halloween bash, pumpkin carving, and decorating activities. As the temperature gets cooler and longer nights approach, we would like to wish each and everyone a boo-tiful Fall season!



Photo Gallery



A big Thank you to all who supported our Lemonade stand fundraising event for Alzheimer's Association.



We had a blast at our Luau party!



October Special Days and Events

- October is Breast Cancer Awareness Month
- Diversity Awareness Month
- Fire Prevention Month
- Positive Attitude Month
- Oct. 5th - World Teacher's Day. Afternoon tea social and reminiscing with the teachers in our community
- Oct. 14th - Walk to End Alzheimer's event. Everyone is encouraged to wear purple and join us to walk. See location and details on page 3.
- Oct. 17th, 2:30 pm - October Birthday Bash. Happy hour with live music.
- Oct. 20th - Wear Pink Day. Wear something PINK to support Breast Cancer Awareness and research.
- Oct. 26th - National Pumpkin Day. Pumpkin carving and decorating activities with staff and residents!
- Oct. 31st, 3:00 pm - Halloween Party. Come and join us for a spooky happy hour of music, dancing, and fun games. Staff with best costume will be selected for a prize. Restrictions for the costume will be posted in the monthly activity board located in the dining room.

See our monthly calendar for more special days and activities.



HAPPY BIRTHDAY!

Let us wish a happy birthday and a day filled with happiness and joy for many more years to our October celebrants;

Bobbie 10/19th

Loren 10/30th

October Entertainment Schedule

Our fun and energizing happy hours with live music performances are listed below:

- Jeri (Oldies but Goodies) October 3rd at 2:30 pm
- Precious (Varieties/Oldies but Goodies) October 17th at 2:30 pm
- Lee Allen (Piano) October 26th at 2:30 pm

Halloween Bash!

You'll have a bewitching time at our Halloween party! Join us for frighteningly good food, games, entertainment and fun! Costumes encouraged, but not required. Prizes await for the staff selected with best costume. See the activity bulletin board for the costume restriction guidelines. Happy Halloween!



Go Pink in October

October is Breast Cancer Awareness Month, and as we spread the awareness for the Alzheimer's disease, we also support the Breast Cancer Awareness. October 13th is nationally recognized in the United States as Breast Cancer Awareness Day. It is a good reminder to learn more about the risk factors and the importance of being screened for the disease. Let's wear pink on Oct.13th.



Flu Shot Season

September and October remains the best time for most people to get their flu vaccine before Flu starts spreading according to CDC. Influenza can be a serious illness especially for older adults. People 65 years and older are at higher risk of developing serious complications from flu. An annual flu vaccine is the best way to reduce your risk of flu related illness.



Halloween Orange Sherbet Punch



Ingredients: 1 liter orange soda, 2 cups orange sherbet, crushed ice and candy corn for topping.

Instructions: In a large punch bowl, pour in orange soda and crushed ice and stir well. Then add orange sherbet and mix it well. Pour in clear Halloween glasses. You can add more sherbet into your glass if you prefer it more frosty. Add candy corn on top. Serve while the sherbet is still frothy. Enjoy this spooky-licious drink!

Walk Event Details:

Schedule of Events:

Registration time: 8:00 am
Ceremony: 9:15 am
Walk : 9:30 am

Location:

Lake Cunningham Park
2305 S. White Road
San Jose, Ca 95148

Contact:

Zack Suggs & Tessie Calligeros
(408)372-9900
svwalk@alz.org



WALK 2023

The Walk to End Alzheimer's is fast approaching. Did you know that Walk to End Alzheimer's is the world's largest event to raise awareness and funds for Alzheimer's care, support and research? Every year, we join the walk in fight against Alzheimer's. We start by spreading awareness and raising funds for the help to find a cure for the disease. We encourage everyone to support in any way they can whether by signing up to register, donate, volunteer and spreading the awareness or by joining the walk in your area. You can join our community team, **Crescent Oaks Memory Care**. If you haven't signed up or registered yet, you can visit their website to learn more (svwalk@alz.org). This year's walk event in **Silicon Valley is on October 14th, Saturday**. For everyone who showed their support and donated in our fundraiser events, we appreciate and thank you all!

Did You Know?

The Alzheimer's Society uses a **Forget Me-Not** flower as a symbol for memory loss and to raise awareness for the disease.





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