



CRESCENT OAKS

Memory Care

147 Crescent Avenue • Sunnyvale, CA 94087 • (408) 730-4004

May 2021



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In Full Bloom!

As we embrace Spring, we look forward to increased positive happenings in the upcoming months with warmer weather and flowers still in bloom.

May is filled with annual observance and celebration. We are celebrating Cinco De Mayo with some fun, entertaining Mariachi music and dancing, along with a Pozole Social and Loteria Bingo in the afternoon. This month is also a Celebration of Heroes and recognition of all our first responders. And of course, let us not forget to honor the number one Hero in our lives, our Mother!

Here at Crescent Oaks Memory Care, we are finding special ways to celebrate and express our gratitude to all of our mothers. On Friday, May 7th, we have planned a special Mother's Day luncheon. Plus, Lee Allen will be serenading our mothers with his beautiful piano music. In the afternoon, we will pamper them with a relaxing "Spa Special" including foot soak, gentle hand massage, manicure, soft music, relaxing aroma therapy and soothing hot tea. Families are encouraged to express their love, gratitude and appreciation by sending their moms flowers, cards, and gifts. But most of all, hearing your voice and seeing you will be the best gift of all! Happy Mother's Day to all MOMs!

We Remember and Honor!

This Memorial Day, we encourage everyone to honor and remember all of the brave men and women who gave their lives for our country and our freedom. Our heartfelt thanks goes out to them and to all the veterans in our community for their service.





Community News

Good News!

Visitation Guidelines

We, at Crescent Oaks Memory Care, are continuing to navigate the situation caused by COVID-19. As you all know, our residents and staff were provided an approved COVID-19 vaccine to further protect everyone from the effects of the virus.

We are happy to report that we are slowly emerging from the isolation caused by the COVID-19 pandemic and, in addition to reserved patio room visits, we are now allowing families to reserve private visits inside our residents' apartments for up to one hour, while continuing to social distance, wearing a face covering, and hand sanitizing. The scheduled visits, time limits and safety guidelines must be strictly followed due to the guidelines given to us by the Department of Social Services, CDC, and Santa Clara Health Department. Our top priority is the safety and well-being of everyone, especially our residents.

We are happy to say that many of you have already taken the opportunity to schedule an appointment and reconnect with your loved one! These precious in-person visits are priceless!

Stay safe, happy and healthy!

WELCOME!

Let's all give a warm welcome to our new residents, SYLVIA H. and JOHN F., and their families! We're so pleased to have you join our family at Crescent Oaks Memory Care and look forward to being of service to you and getting to know you as you become more comfortable in your new surroundings.

Remodeling Update!

Our Second Floor remodel is nearing completion. The Salon, Wellness Room, and Shower Rooms have been beautifully updated and we look forward to our residents being able to enjoy and relax in the newly furnished Living Room!



Happy Hour Performers:

- **LEE ALLEN** (Piano)
Friday, 5/7 at 10:30 am
- **PRECIOUS** (Variety)
Wednesday, 5/12 at 10:30 am
- **JERRY** (Oldies but Goodies)
Tuesday, 5/18 at 10:30 am
- **ALLAN** (Guitar and folk country music)
Friday, 5/28 at 10:00 am

SPIRIT DRESS UP DAYS:

- 5/10...Floral Top Day!
- 5/31...Something Yellow!



Activities

These are some of the special activities that we have planned for May:

- **Wednesday, 5/5...“CINCO DE MAYO PARTY!”**

Residents will be entertained with MARIACHI music and dancing at 10:30 am, followed by a delicious Mexican lunch. Plus a “Pozole Social” at 2:00 pm followed by Loteria Bingo.

- **Friday, 5/7... “CELEBRATING MOMS!”**

Lee Allen will be serenading all our mother residents and staff at 10:30 am, with his beautiful music followed by a Special Mother's Day Luncheon at 12:00 pm.

In the afternoon, We will be pampering all our “MOM” residents with a “SPA SPECIAL” in the patio room.

- **Tuesday, 5/18... “CELEBRATING SENIOR CITIZENS”** Happy hour with Jerry at 10:00 am and a Tea & Macaroons Social at 2:00 pm.
- **Friday, 5/28... “MEMORIAL DAY Celebration”** Happy Hour with Allan at 10:00 am, BBQ Lunch and Ice Cream Sundae Social at 2:00 pm.

*** *Please refer to our calendar for more activities and special events!*

The Origins of Mother's Day!

A woman named Anna Jarvis started a campaign for an official holiday honoring mothers in 1905, the year her own mother died. Anna pushed to have a day officially for mothers to be recognized, which takes place the second Sunday of the month of May. Carnation was her mother's favorite flower. Pink and red carnations symbolize Mothers that are still living and white carnations symbolize Mothers who have passed away. Anna Jarvis put Mother's Day on the calendar as a day to express love and gratitude to mothers and for acknowledging the sacrifices women often make for their children.

Recipe of the Month

"LUMPIA SHANGHAI"



Since May is Asian American Pacific Heritage month, we would

like to share one of the famous snacks / appetizers from the Philippines that you will surely love.

Ingredients:

Ground pork or chicken
Carrots (chopped)
Celery stalks (chopped)
1 Egg & 1 teaspoon soy sauce
Lumpia or egg roll wrapper (separate into pieces)
Onion & garlic (minced)
Salt & pepper (to taste)



IN SYMPATHY



Our deepest sympathies to the family and friends of our beloved **Fuki**. May her memory bring you comfort.

How to make: In a large bowl, combine ground pork, carrots, celery stalks, egg, onions, garlic, soy sauce, salt & pepper. Completely mix everything together until the ground pork absorbs all the other ingredients. Lay out the lumpia wrappers one at a time on a flat surface and place a spoonful of the filling ingredients in each. Roll one time and fold both ends and roll again to seal until completely wrapped. Deep fry in canola oil until golden brown. A choice of catsup or sweet & sour sauce for your dipping. Enjoy!

* **Check on YouTube or Google for other choices of ingredients that you may like.**

RESIDENT SPOTLIGHT

SANDRA C., Better Known as "Sandy"



Sandy is our featured "Resident of the Month". She was born in Southern California and grew up in a Christian home in Redondo Beach,

CA. She has been blessed with one daughter, one stepson, and two grandchildren, along with her beloved dog.

Here are some fun facts to get to know her more:

*What are your hobbies/interests?... "Reading, movies, singing, church, Bible study, playing Kings Corner (a card game), outdoors, walking".

*What types of music do you like?... "I like country music, oldies and hymns".

*Favorite sports or teams?... "I like the Dodgers and the Lakers. I like to watch baseball, golf, ice skating, gymnastics and basketball".

*Favorite food?... "Spaghetti, salad and mint chip ice cream and chocolates! When I'm with my family, I like to eat hamburgers, tacos and pizza".

*Favorite movie?... "While You Were Sleeping".

*What brings you pleasure and relaxation?... "Funny movies and shows, listening to soft music and reminiscing".

THANK YOU



YOU ARE THE BEST

Crescent Oaks Memory Care



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