



CRESCENT OAKS

Memory Care

147 Crescent Avenue • Sunnyvale, CA 94087 • (408) 730-4004



CRESCENT OAKS LEADERSHIP TEAM:

Executive Director Ollie Vance
Resident Care Coordinator Jennifer Deleon
Resident Development Director Angie Aguirre
Activity Director &
Newsletter/Calendar Author ... Geraldine Sabado
Dining Services Director Alva Lopez
Environmental Director Mario Vasquez

Contact Info:

Main Office: (408) 730-4004
Direct: (408) 542-9400
Fax Number: (408) 743-5677
E-mail: info@crescentoaksmc.com
Social Media: Facebook/Instagram/LinkedIn
License # 435202705



OFFICE HOURS:

Monday - Friday
9:30 AM - 5:30 PM

VISITING HOURS:

Monday - Sunday
10:00 AM - 4:00 PM

June 2023

Summer's Bounty

June has arrived, which means summer gardens are beginning to produce their bounty! So it is an ideal time to visit farmers' markets and check out seasonal displays for fresh selections of fruits and veggies. May was a very busy month with all the fun activities that we had. Everyone had a blast on our Cinco De Mayo fiesta and all the moms in the community were pampered at our Mother's Day Spa including residents, staff, and visiting moms. Shout out to one of our staff, Monica, for all the help on "Spa Day". June 21st brings the official start of summer and we have plans of more fun activities. As we celebrate "Great Outdoors Month", we'll enjoy the beauty of nature. We have plans of a gardening social to celebrate "National Garden Week" (June 4-10) and a painting social on the back patio on June 7th. We are also looking forward to seeing everyone in our upcoming "Carnival Day" and most especially celebrating all Dads "Western Style" at our Father's Day celebration! See our June calendar for more fun activities that we have planned. *Happy Father's Day to all dads!*



Photo Gallery

Having a blast for Cinco de Mayo!



A Warm Hello

Our warmest welcome to the newest members of our community. We look forward to seeing you comfortable and happy with your new family and friends. Welcome home!

- Marlene
- Loren
- Rolando

New Team Members!

We are looking forward to having a great and meaningful working relationship with our new team members.

Angie and Andrea

Celebrating Dads Everywhere

Father's Day is coming up! In honor of our dear resident dads, we are hosting a western style Father's Day celebration, June 16th at 2:30 pm. Did you know roses are the official flower for Father's Day? A red rose is worn in the lapel if your father is living and a white rose if he is deceased.



June Special Events & Activities:

- Alzheimer's and Brain Awareness Month
- Gay and Lesbian Pride Month
- Great Outdoors Month
- National Fresh Fruits and Vegetables Month
- National Gardening Week
- June 16th. Celebrating Father's Day!

Residents' Special lunch at 12:00 pm and "Western style" party for Dads in the afternoon at 2:00 pm. Everyone must wear plaid!

June 18th... Happy Father's Day to all Dads!

June 21st... First Day of Summer

June 23rd... "Carnival Day" for a good cause! We are hosting an indoor carnival event. All day of fun and exciting fun games and yummy snacks. See Geraldine or Jennifer for more details.

June Entertainment

Our fun and energizing Happy hours with live music performances are listed below

- Lee Allen (Piano)
June 2nd at 10:30 am
- Jeri (Oldies but Goodies)
June 8th at 2:30 pm
- Precious (Oldies/Variety)
June 21st at 2:30 pm

Please see our June activities calendar for more special events and fun activities!

Drink Up! It's National Iced Tea Month

The days are sunnier and summer is on its way. It's the perfect season to enjoy a nice glass of refreshing iced tea. We may think of tea as a refreshing drink and nothing more, but the popular beverage holds many benefits. It keeps you hydrated, provides Antioxidants, relieves stress and helps keep the skin and immune system healthy.



Dad Jokes

"Dad, are bugs good to eat?" asked the boy.

"Let's not talk about such things at the dinner table, son," his father replied.

After dinner the father inquired, "Now son, what did you want to ask me?"

"Oh, nothing dad," the boy said. "There was a bug in your soup, but now it's gone."

--Mark Y.

Q. Why do cows wear bells?

A. Because their horns don't work.

Q. Why did the bicycle fall over?

A. Because it was two tired.

Double the Hydration

Nutrition experts say you can double up your hydration by snacking on fresh produce. Eating fruits and veggies with a high-water content, such as an apple, watermelon, cucumber or some carrot sticks, along with drinking water or refreshing cool drinks can help you stay better hydrated. Whether you are being active or simply relaxing, and even if you don't feel thirsty, staying hydrated is essential to our health. Staff members at Crescent Oaks make regular rounds with our hydration cart to make sure our residents are hydrated, especially during high heat temperatures.

Alzheimer's and Brain Awareness Month

Alzheimer's and Brain Awareness Month is observed in June as an opportunity to learn about Alzheimer's disease and other dementia. The Alzheimer's Association encourages people around the world to support the movement by wearing purple and join the social media campaign. You can also register online to either donate to the organizations and learn more about Alzheimer's. Call us for any questions regarding this campaign, (408)730-4004



Employee Spotlight



Monica Rivera

Congratulations to Monica, our April Employee of the Month and this month's featured staff spotlight! Monica has been working in the community of Crescent Oaks since January of 2017 as a caregiver. She was born on July 18th and originally from El Salvador, San Salvador and now resides in San Jose. Her friends like to call her "Monis". She has a beautiful cat named "Misha". Some of her interests are movies, swimming, listening to music (especially rock) and learning new things. She loves cats and pandas, and her favorite colors are purple and black. Things that she enjoys during her days off from work are sleeping, watching movies, and spending time with her friends. Monica is a good listener, easy going. She likes to meet new people and learn new things especially in regard to music, foods and culture. I (Geraldine) am grateful and appreciate Monica for helping me out when I need extra hands in arts and crafts and other activities. Congratulations Monica!



**HAPPY
FATHER'S
DAY**

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