



CRESCENT OAKS

Memory Care

147 Crescent Avenue • Sunnyvale, CA 94087 • (408) 730-4004



CRESCENT OAKS LEADERSHIP TEAM:

Executive Director Ollie Vance
Resident Care Coordinator Jennifer Deleon
Resident Development Director Angie Aguirre
Activity Director &
Newsletter/Calendar Author ... Geraldine Sabado
Dining Services Director Alva Lopez
Environmental Director Mario Vasquez

Contact Info:

Main Office: (408) 730-4004
Direct: (408) 542-9400
Fax Number: (408) 743-5677
E-mail: info@crescentoaksmc.com
Social Media: Facebook/Instagram/LinkedIn
License # 435202705



OFFICE HOURS:
MON-FRI 9:30AM-5:30PM
After Hours Assistance:
Please call: (650)313-7182
VISITING HOURS:
MON-SUN 9:00-6:00PM

December 2023

Season's Greetings!

Let the holidays begin! We all know that December is the busiest month of the year, and we are all inspired and feel energized for this season. The beautiful holiday decorations, bright sparkly lights, the scent of the pine trees, amazing foods, and even shopping gifts for our loved ones. While everyone's busy with the hustle and bustle of the holidays, our community at Crescent Oaks never forgets to celebrate the season with our beloved residents. Every year, it's a tradition in our community to have the residents be a part of hanging ornaments on our tree (Dec. 5th). We are also excited for our **Annual Residents & Families Holiday Dinner Special** which we have scheduled on **December 19th at 5:00pm**. Check out the December calendar for more fun activities and special events that we have planned. As we are getting close to the end of the year 2023, let us be thankful that we survived all the challenges and are happy to welcome the new year ahead of us. Crescent Oaks would like to wish our residents, families, and friends a joyous season full of peace and love. Let us all be kind and love one another. Happy holidays!



Photo Gallery



"WALK to ALZ 2023"... Another fun and memorable experience.



Halloween Bash 2023 was a blast!



Salute to our Veterans!

HELLO December

Special Events & Activities

Make sure to save the dates for the upcoming special seasonal events!

- 12/1st: **Christmas Tree Lighting**
- 12/4th: **Community Holiday Decorating**
- 12/5th: Our traditional **Christmas Tree Ornament Hanging** with residents at **10:00am**
- 12/6th: **Community Photo Shoot with Santa** at **2:00pm**. Come and join us in celebrating St. Nicholas Day!
- 12/14th: **Employee Holiday party** at 5:30pm
- 12/15th: **Ugly Sweater Day**. Everyone's encouraged to flex their ugliest Holiday sweater.
- 12/19th: We are hosting our annual **Residents and Families Holiday dinner party** at 5:00pm with an hour of live music entertainment.
- 12/24th: **Christmas Eve**
- 12/25th: **Happy Holiday** to each and every one!
- 12/31st: **New Year's Eve**. Let's ring in the year 2024 with a blessed, peaceful, prosperous and Happy New Year!!!



It is with great pleasure that we welcome you to your new home.

We look forward to creating good memories with you and your loved one as a part of Crescent Oaks family.

- **CLAIRE**
- **ROY V.**

December Entertainment Schedule

Our fun and energizing happy hours with live music performances are listed below:

- **Jeri (Oldies but Goodies)**
December 5th at 2:30 pm
- **Precious (Varieties/Oldies but Goodies)**
December 19th at 2:30 pm
- **Lee Allen (Piano)**
December 29th at 2:30 pm

Happy Birthday to the Following Residents & Staff!

- Mario 12/15**
- Adelma 12/20**
- Richard 12/28**
- Hector 12/28**



Dress for the Weather

Cold season is here and we need to make sure our residents are dressed appropriately for the cold weather. Older adults can lose body heat faster. We are encouraging families to kindly bring over some warm clothing for your loved one. Please call our community and ask the staff regarding the supply that your loved ones need. Thank you.



Happy Birthday B-I-N-G-O!

It is a favorite game amongst many residents in our community. With pictures, colors, loteria, holiday, or number bingo, it's for sure a ton of fun. So, on December 22nd, we wish one of America's classic games a happy birthday and we will have a Bingo marathon. Did you know that bingo has been shown to increase cognitive abilities? The game requires focus, attention, hand and eye coordination. It is overall a mentally stimulating game.



Employee Spotlight



Adelma Arciaga

Born and raised in Pangasinan, Philippines, Adelma migrated here to the United States in 2006 with her family. She practiced her career in the Philippines as a midwife for almost 30 years; she's been happily married to her husband, Juanito, for 47 years and blessed with four wonderful children and 6 grandchildren. She has been working at Crescent Oaks as one of the dedicated and hard-working caregivers for 18 years now. She already got her retirement this year, but since caring and serving the elderly is one of her passions, she decided to continue working in our community. Adelma loves country and oldies music. We actually enjoy listening to her beautiful voice whenever she sings along with the music that we play in our community. She enjoys going places with her family, shopping, and cooking. We also enjoy her food whenever we have a potluck, especially the famous Filipino dishes like pansit and adobo. Her personality is best described as compassionate, helping, and a loving mother. Let's wish Adelma a happy birthday this coming December 20th. Happy birthday, Adelma!

Holiday Laugh Lines:

Q. What is a Christmas tree's favorite candy?

A. Orna-mints

Q. Which Santa's reindeer has the worst manners?

A. Rude-olph

Q. Where can you go to practice math on New Year's Eve?

A. Times Square

Q. Why do you need a jeweler on New Year's Eve?

A. To ring in the New Year.

We're on Social Media



Cheers to 2024!

Each new year offers an exciting opportunity for a fresh start. While some are excited making a list of their new year's resolutions and goals, some are reminiscing and recollecting on all the memories they had in the year. No matter how we celebrate the new year, make it a tradition to welcome the next 365 days with gratitude, love, and peace in our hearts. Cheers to good health and happiness to each and everyone. Welcome 2024!





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