



# CRESCENT OAKS

## Memory Care

147 Crescent Avenue • Sunnyvale, CA 94087 • (408) 730-4004



### CRESCENT OAKS LEADERSHIP TEAM:

Executive Director ..... Grace Tapia  
Director of  
Resident Development ..... Amanda Lee  
Care Coordinator ..... Riakky Sainz  
Activities Director ..... Geraldine Sabado  
Newsletter/Calendar Author ... Geraldine Sabado  
Dining Services Director ..... Alva Lopez  
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## November 2021

### Grateful and Blessed!

*Dear Families and Friends,*

*The Holidays are just around the corner. We are thankful for each day we have been given to be here with our dear residents and for the support and love we get from each one of you. Let's hope that the coming days are filled with many blessings for all. How we wish we could return to the days of celebrating the Holidays all together. Unfortunately, because we are still under the COVID-19 restrictions, we will not be hosting holiday events for outside visitors indoors. Once again, we will have celebrations for only our Residents until further notice. You are, as always, allowed to pick up your loved one if you wish to celebrate with family outside of the community. Please call ahead and make pickup arrangements with us. In-house celebrations will be with entertainment from the safety of the front patio, and lots of goodies, topped off with a special meal. We will make sure to take pictures and share them with you all!*

### The Power of Purple!

November is Alzheimer's Disease Awareness Month. Recent figures from the Alzheimer's Association show that every 65 seconds someone is diagnosed with the disease. Show your support for the awareness by wearing purple and joining in the fight.

Get information by visiting [ALZ.org](http://ALZ.org)



## Last Month on Candid Camera!



Ladies do oil paint, too! =)



Residents did a great job with their oil painting. Everything looks awesome!



Joan's turn for taking charge on Bingo!



Hair makeover for Patricia =)

## HAPPY BIRTHDAY!

Happiest birthday wishes to the following residents and staff:

Charles V. .... 11/05  
 Etta M. .... 11/05  
 Aurelia ..... 11/12  
 Bruce M. .... 11/14  
 Alice G. .... 11/22  
 Margaret T. .... 11/30  
 Geraldine ..... 11/30

## Upcoming Events and Activities:

Nov. 11, 10:30 AM: **Veterans Day!** Happy hour serving cheese and cider with live patriotic music. We will also be awarding a certificate of recognition to honor and appreciate all the Veterans in our community.

Nov. 22, 2:30 PM:  
**Celebrating Alice's 103rd birthday!**

Nov. 24: **Thanksgiving Day Celebration!** Happy hour of fun live music with Precious followed by Special Lunch at 12:00 PM. Thanksgiving trivia and pumpkin pie with ice cream social in the afternoon.

## Happy Hour Entertainment Schedule:

JERRY (Oldies/ Country)  
 11/11, Thurs. @ 10:30 AM  
 LEE ALLEN (Piano)  
 11/17, Wed. @ 10:30 AM  
 PRECIOUS (Variety)  
 11/24, Wed. @ 10:30 AM

## IN SYMPATHY:

Our heartfelt sympathy to the family and friends of our beloved Liz from all here in our community at Crescent Oaks.



## Visitation Reminders:

Crescent Oaks Memory Care is still continuing to follow the guidelines from Licensing and Health Department in order to keep everyone safe. We ask that you please help us by following the protocols in place for visitors.

\*All visitors must show proof of being fully vaccinated (at least 2 weeks from the final dose), or show proof of negative COVID-19 test (taken 72 hours prior to visit)

\*Wear face covering at all times.

\*Use hand sanitizer

\*No visitors are allowed in the common areas such as lobby, lounge and dining room even for brief periods of time.

\*Please call our community ahead of time to schedule your visit, as we must avoid having visitors in the same areas at the same time.

Crescent Oaks Memory Care is 100% committed to the safety and well being of your loved ones and everyone in the community. We apologize for the inconvenience, but we truly appreciate your patience, cooperation and support. Contact our community for more details regarding the visitation protocols.

## Fall Back Time!

Daylight Saving Time ends on November 7. So don't forget to set your clocks and watches back one hour the night before.



## Still Time for the Shot!

If you haven't gotten your flu shot yet, it's not too late. Experts say the ideal time to get the vaccine is by the end of October. But getting it later can still be beneficial. It takes about two weeks for the vaccines to develop protection in our body, so make sure to get yours!

## We Honor and Appreciate!

Salute to all the heroic men and women who have bravely fought for our freedom and save our country! We are proud to have the following Veterans in our community;

- Richard Orr. - Army
- John Fl. - Air force / Air National Guard
- Charles V. -Air force
- Edna S. -Coast Guard
- Victor - Army
- Elvira -Air force
- Patricia P. - Air force
- James B. -Army
- Luarthur J. - Air force
- Donald D. - Air force



## Pumpkin Pie Cheesecake:

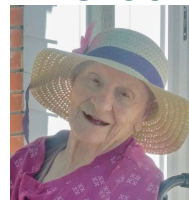
**Ingredients:**  
1 or 2 cans pumpkin puree, 8 oz cream cheese (softened), 1 box vanilla instant pudding, 8 oz container whipped cream, 1 tbsp pumpkin pie spice, 1 tsp cinnamon powder, graham crackers (crushed).

### Directions:

Mix all the ingredients (except graham crackers) together and chill. Crush graham crackers and layer into the bottom of jars. Top with the chilled pumpkin mixture, then top with whipped cream for topping and a little bit of crust graham crackers. Serve and enjoy!



## She's Turning 103!



Our lovely Alice is turning 103 this coming Nov 22. Alice has been with us since 2012.

Everyone loves her in the community with her sweet and loving personality. She still remember the names of all her four children, what her job was, and the place where she used to live. You will see her dancing while sitting or recalling stories from her past with others. When asked what will be her birthday wish this year, she replied that she only wants to be happy. Let's make Alice happy in her Centennial years by sending her flowers or simply birthday wishes and greetings!

## Resident Spotlight

### Charles Vasquez



Born on November 5th in Southern California, Charles is from a Catholic family of migrant farm workers. He's

the fourth of his nine siblings. He went to school up to 8th grade, then self educated. Charles started working in the fields at a very early age. He worked as a laborer in construction as a rough carpenter, then joined the Air Force and served for 3 years. He got married in 1951 for over 50 years with 7 children. He has lived in several states.

Charles enjoyed working on his yard and fixing things around the house. He also enjoyed being outdoors for a short walk or scenic drive. Some of his interests are gardening, going to the movies, playing poker, and watching baseball (especially when it's his favorite team SF Giants playing). He also enjoys talking to people and listening to Mexican music. Some of his favorite foods are Mexican foods, vanilla ice cream, cookies and fruits.

Here in our community, we see Charles as a sweet and loving person. Everyone smiles and is happy when he calls us "Baby". =)

**"Happy 95th Birthday, Charles!"**



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